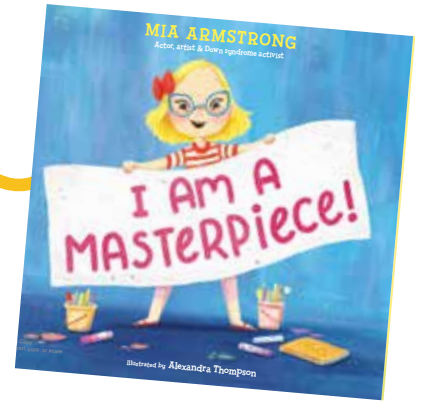




Who I Am Inside

SEEING OUR STRENGTHS



RESPOND to several non-traditional self-portraits by considering how the artists represent their feelings. Close your eyes and explore who you are inside. Notice what shapes, colors, and designs come to mind when you focus on how you feel.



Ciera M.



Breelyn S.



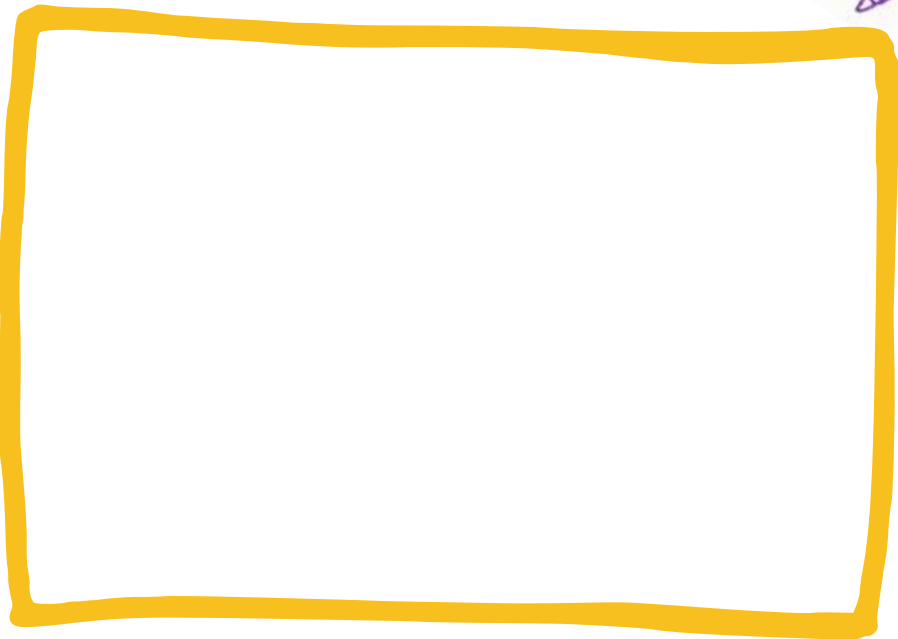
Anna S.



CREATE a self-portrait that represents your feelings rather than your physical characteristics. It might have design elements that represent your interests and what makes you proud.



PRESENT your portrait to others. Prepare an oral presentation that describes your art and explains the feelings you were representing and the decisions you made about the colors, shapes, and design elements.



CONNECT your experiences with those that Mia describes in the video and book. How do the similarities and differences in classmates' art connect to the insight that each person has specific interests and needs?

Note for teachers and parents:
For more creative inspiration and hands-on explorations go to [Crayola.com/CreativityWeek](https://www.crayola.com/CreativityWeek)
To share student artwork on social media please post using [#CrayolaCreativityWeek](https://twitter.com/CrayolaCreativityWeek)



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Thinking Sheet
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